

# Frisky

A Scratching Post for Your Mind

all you could  
ever want to know about

**SHOCKS**

and a whole  
lot more!

**ROCK  
SHOX**

Issue #1  
Volume 1,  
1996  
free

if yer lucky enough  
to git yer paws on  
one

People Who are  
More Beautiful  
than you could ever  
Hope to be.

all the usual

**ACTION  
PIX**

and a whole  
lot more!



*Intelligent Reporting...  
Gossip...  
Your future...  
Skin...*

The items shown are now available to the general public.

Small Parts Catalog

Small Parts

ROCK SHOX socks

JUDY long sleeve jersey.

# garb

## A ROCK SHOX Garb Moment

Men's Sleeveless Jersey

Gold with Espresso Trim.

YKK Metal Zipper, Elasticized Rear Pocket.

You look so typical on the outside.

You are so revealing on the inside.



# Frisky

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## letter from the editor

Remember why you started to ride? It was fun. The chances you took. How muddy could you get? What could you get over? Flying on the downhills and struggling on climbs. Then one day you went around all the water, watched out for the deadly evil slop that could slow you, your rig, and your valuable training time down. It became so serious. Riding. You could now flatten your friends on climbs, had to take it easy on descents—couldn't get hurt just training. Had to make new racer friends to ride with because everyone was getting pissy and you didn't want to wait up.

Well hey bub. . . take it down a thousand. Riding is fun. And it still should be. Ambition is great—it helps us be great. But remember what your old high school English teacher said 'moderation in all things'. It's still true. Just look at us. Rock Shox is a big huge gigantic corporation. But look again—we're still having fun with it. Not taking ourselves too seriously. Let that guy get all shaky finger mad in traffic, blow him off. It's his aneurism. You don't need the hassle.

So sit back and get Frisky. We have stuff to read and look at. Stuff to think about. It's all here for you. Riveting news. Vein popping sports. Passion. Even trivia. And answers to some of the most frequently asked questions about our suspension. Step back and look at the entire system. Check out the bikes that Tomac and Herbold are riding. Cheer on young riders getting a start. Show them its still fun. Putting back in what

you've gotten out of it. Ditch that cable subscription!, haven't we all watched enough *Dallas* re-runs? Use technology to be the lightest, fastest and smoothest—but don't forget what got you riding in the first place. Go outside and remember why...



**If you should stop by the Tech Support Van don't be running your fingers under our tables unless you're looking for some chewing gum or other U.S.S. (unidentified sticky substance).**

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**A ROCK SHOX Garb Moment**  
The Uni-sex 100% Cotton Chenille Pullover



When you wish you could go back to bed but can't—get your nasty self covered and protected from Them. How can they hurt you when you look so vulnerable?  
S, M, L, XL



Oh, man—put it back on, please. We're not ready for you to bare everything either! Don't forget the pit stick.



**WHAT'S HOT**  
**WHAT'S SNOT**

**HOT**

mont st. anne downhill  
chops  
espresso  
full suspension  
threadless headsets  
fat rims  
peace  
black socks  
dressing like dad  
town bikes  
sushi  
tatoos  
operators  
piercings  
working out  
one speeds  
the tic  
swobo  
bald heads

**SNOT**

kamikaze  
mustaches  
double decaff skinnies  
rigid  
threaded headsets  
cut down road rims  
war  
dockers  
dressing like mom  
sew ups  
double chicken sandwiches  
tatoos  
voice mail  
• press-on nails  
raves  
hybrids  
power rangers  
gap  
pony tails

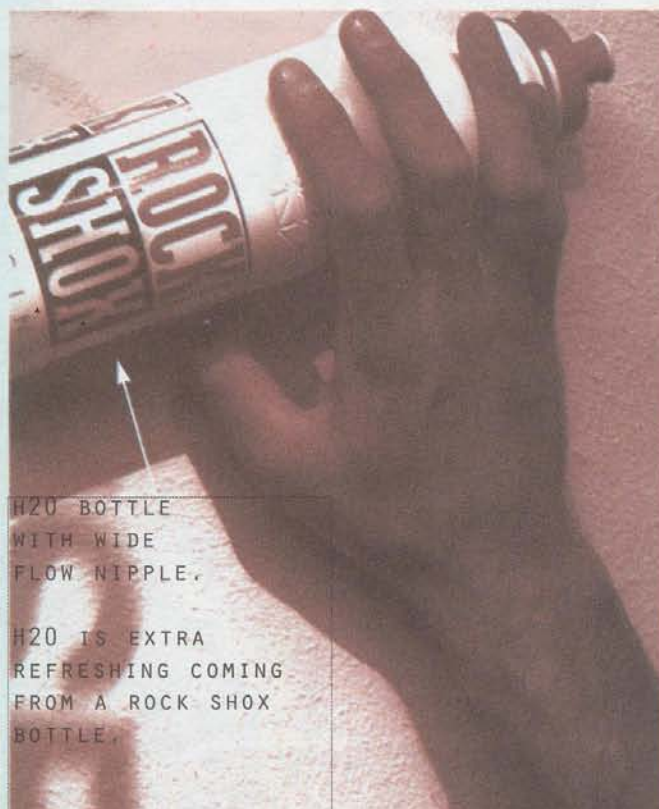


# garb

## A ROCK SHOX Garb Moment

**Men's 100% Cotton  
Shortsleeved Jersey  
in olive with black trim.**

If you don't say anything they'll think you're smarter than you are. Just give them a knowing look and pull out a book of Howard Nemerov from your elasticized back pocket. Give them a 3/4 profile so they can't but help notice how those fitted side panels flatter your physique.



H2O BOTTLE  
WITH WIDE  
FLOW NIPPLE.

H2O IS EXTRA  
REFRESHING COMING  
FROM A ROCK SHOX  
BOTTLE.

WATER IS LUBE FOR YOUR MUSCLES—  
SOAK IT UP. A PUBLIC SERVICE ANNOUNCEMENT FROM  
ROCK SHOX. YOU MATTER TO US.

## You Do Have Control of Your Destiny

**CANCER June 22-July 22** • Predictability is comforting but it's time to shake up the house. Natural disasters are disheartening but they are your catalyst for change. As painful as it may be—disrupt your training. Ride a different loop, change your energy bar, eat something other than your usual low-fat pasta, throw out your lucky socks. Do something you wouldn't expect yourself to do.

**LEO July 23-August 22** • Roar like a lion, but make sure there's some substance behind it. So far you've held up that facade of endless strength but take care of the weak spots before they see them. Even the king or queen of the jungle needs an occasional tune-up and you've been sorely lacking in the self-maintenance department. While you're tuning yourself up, and lubing parts that have been ignored, service your fork, too.

**VIRGO August 23-September 22** • Feeling itchy? Need to cuddle? Been awhile? Hate that big feeling of guilt? Release those innercity feelings of repression and chart a course for white puffy clouds and big fun. Just because superman never made any money doesn't mean you have to put up with just getting by. Try a new move on the dance floor and maybe you will get a new riding partner.

**LIBRA September 23-October 23** • They said read this, listen to that, try eating these, but you should begin to take the initiative on your own. So see what there is to be seen. Cognitive realization is the only solution. No sodas. Only triple shot mochas. Strap on that helmet. Lace on those boots. Blaze a trail and make your own secret loop. Chance meeting with a Pisces.

**SCORPIO October 24-November 21** • The potential for you to fall into a self-martyrdom is tremendous. Indulge yourself, blow your own horn if just for a couple of minutes. People will take notice. Then slink back into the obscurity you prefer, that saintly glow you emanate will remind them that you are deserving.

**SAGITTARIUS November 22-December 21** • Happy Happy Happy Day! Your normal incurable optimism is waning so take it easy and don't be too concerned with big picture politics. Someone you haven't been able to quite put in the category of friend or lover will suddenly become crystal. Just make sure you have enough graham crackers and applesauce for those late nights. And please—don't forget to put air in those tires before you ride again!

**CAPRICORN December 22-January 19** • Born in the dead of winter you have developed survival skills that get you through the roughest part of any season. Your glowing successes hide the fact that you have traveled down a rocky road. Even you forget because it has become so easy. Slow down, look where you're going, you may have left something valuable by the wayside.

**AQUARIUS January 20-February 18** • Everyone knows you've got the energy and doesn't it feel like everyone's trying to nab a piece of it? Be guarded, your generosity may be taken advantage of. At this point, riding into the sunset may be tempting but there's still too much to do and to not exercise your creative energy is to lose it.

**PISCES February 19-March 20** • Fishy fishy swim swim away. Pack your bags for the big road trip. Bring good beer, food and that special friend. You need to regroup and get those thoughts together again. Find that hidden spot, relax in the open night air, take it all off—you know what that full moon means. A big glass of orange juice every am will complete the circle of self-renewal and being. Freedom. Sip and taste it.

**ARIES March 21-April 19** • You could ride as big as your big honkin' ego if you'd just lighten up. Things are not as serious as you make them out to be. Maybe you are alone because you've locked all the doors. Open the curtains, let the breeze in, the curious will venture in. They'll be rewarded with the riches you have accumulated. You'll be rewarded with a different view.

**TAURUS April 20-May 20** • Being grounded makes you a pillar of stability for those who need a touchstone. But an occasional flight of fancy is good for you. Stretch your wings go as high as you can go. Big air, big bumps, you'll feel refreshed and as though you're old branches have been pruned back. The fruit will come back bigger and juicier.

**GEMINI May 21-June 21** • You have always had invisible training partners. Chatting away, debating the benefits of ginseng, whether chi can be manipulated and whether Howard Roark was a self-indulgent ass-hole or really a great architect. People view you as eccentric but then visionaries have always been ridiculed. The invisible will soon materialize and you'll have the support you've been waiting for.



"No, I really don't have my own 1-900 number."

## A ROCK SHOX Garb Moment

The Women's No-sleeve, Snap Front, 100% Cotton, Fitted Panel Jersey. Elasticized rear pocket.

Saucy is as saucy does. Baring a little shoulder used to be considered risqué. The effect can still be staggering. Roll them back, stretch out like a cat and yawn, pretend you don't see them watching. Purrmmmm.

# garb

## Personals

Falling in love was never so easy.

Maybe it should be, but a great personality is not enough. Sometimes measurements, and other specifics like performance and weight are what it takes. And if you are going to judge a book by it's cover, then cool stickers are nice to have, too. Look over these specs. Choose your suspension. In this list, you will find happiness. We've had lots of success stories to prove it.

### Deluxe Rear Shock• Coil Over Damper System Racing/High Performance Riding

**Target Weight** 318 grams  
**Finish/Color** Hard Anodized with Nickelite Spring

#### Features/Benefits

**Coil Spring with Preload Adjust**  
optional spring rates (softer or stiffer)

**Hard Anodized Shock Body**  
keeps oil clean, significantly reduces wear.



### Super Deluxe Rear Shock• Oil damped, Nitrogen Charged Cocentric Floating Piston Design Racing/High Performance Riding

**Target Weight** 342 grams  
**Finish/Color** Hard Anodized with Nickelite Spring

#### Features/Benefits

**Coil Spring with Preload Adjust**  
optional spring rates (softer or stiffer)

**Hard Anodized Body**  
keeps oil clean and significantly reduces wear

**Progressive Bottom-out Bumper**  
prevents hard metal to metal contact

**External Rebound Adjuster**  
"on the fly" knob for fast tuning

**Hard chrome plated 4130 shaft**  
a hard shaft is smoother and lasts longer

**Shock Tuning Features highlighted with red anodized components**  
so you remember which parts you adjust



### Super Ti-Deluxe Rear Shock• Oil damped, Nitrogen Charged Cocentric Floating Piston Design Racing/High Performance Riding

**Target Weight** 310 grams  
**Finish** Hard Anodized with Ti Spring

#### Features/Benefits

**Ti Coil Spring with Preload Adjust**  
optional spring rates (softer or stiffer)

**Progressive Bottom-out Bumper**  
prevents hard metal to metal contact

**Shock Tuning Features highlighted with red anodized components**  
so you remember which parts you adjust

**Adjustable Rebound Damping**  
change rebound for any riding situation

**Titanium Shock Shaft and Spring**  
light and fast



### JUDY DH Fork• Hydraulic Cartridge / MCU Spring System Downhill Racing

**Target Weight** 3.5 lbs  
**Travel** 80mm  
**STD Leg Color** Red  
**Brace Finish** Red  
**Crown Finish** Tumbled (Bright)

#### Features/Benefits

**Aluminum Pre-load Adjuster Knobs**  
so you can adjust on the fly

**Special Stiff Crown with big bolts**  
precision steering

**Mag Legs**  
light and strong

**Ø28mm Easton Uppers**

**JUDY Jax / MCU Stack**  
lighter, less stiction, easy to adjust

**4130 Steerer**

**Dual Cartridge System**  
for the rigors of downhill racing

**Separate Compression & Rebound Damping Adjustment**  
extra tunable for every course

**80 mm long travel**



### JUDY SL Fork• Hydraulic Cartridge / MCU Spring System Serious Cross-Country Riding/Racing

**Target Weight** 2.8 lbs  
**Travel** 60mm  
**STD Leg Color** Yellow  
**Brace Finish** Yellow  
**Crown Finish** Polished Aluminum

#### Features/Benefits

**Aluminum Pre-load Adjuster Knobs**  
so you can adjust on the fly

**Press-on Crown**  
lighter and sleeker

**Internally Bored-out Mag Legs**  
very light

**Ø28mm Easton Uppers**  
new taper profile makes'em even lighter!

**JUDY Jax**  
lighter, less stiction, easy to adjust

**Titanium Fasteners**  
shaves weight, without compromising strength

**Compression Damping Adjustment**  
new system offers wider, more usable adjustment range

**Taperwall Aluminum Steerer**  
more expensive weight saving



### JUDY XC Fork• Hydraulic Cartridge / MCU Spring System Cross-country Racing

**Target Weight** 3.25 lbs  
**Travel** 60mm  
**STD Leg Color** Nickelite  
**Brace Finish** Nickelite  
**Crown Finish** Tumbled (Bright)

#### Features/Benefits

**Aluminum Pre-load Adjuster Knobs**  
so you can adjust on the fly

**Bolt Crown**  
versatility

**Mag Legs**  
**Ø28mm Easton Uppers**

**JUDY Jax**  
lighter, less stiction, easy to adjust  
**4130 Steerer**  
light and stiff

**Compression Damping Adjustment**  
**Standard Mud Boots**  
keeps JUDY clean, longer life

**60mm Travel**



### Paris-Roubaix Fork• Air/Oil System Road Bike

**Target Weight** 2.3 lbs  
**Travel** 30mm  
**STD Leg Color** Nickelite  
**Brace Finish** Nickelite  
**Surface Finish** Polished

#### Features/Benefits

**External Damping Adjuster with Full Lockout**  
adjust to any condition while you ride

**Easton Uppers**  
taper wall

**Mag Brace**  
low-profile design for caliper brakes

**Magnesium Legs**  
lighter than aluminum  
**Titanium Hardware**



**MAG 21 Fork • Air/Oil System**  
**Racing, High-Performance Riding**

|                      |                 |
|----------------------|-----------------|
| <b>Target Weight</b> | 3.2 lbs         |
| <b>Travel</b>        | 48mm            |
| <b>STD Leg Color</b> | Nickelite       |
| <b>Brace Finish</b>  | Nickelite       |
| <b>Crown Finish</b>  | Tumbled (Matte) |

**Features/Benefits**

**External Damping Adjuster Knobs**  
 adjust to any condition while you ride

**Bolt Crown**  
 versatility

**Hard Chrome Steel Upper Tubes**

**Magnesium Legs**  
 light and strong

**Steel Steerer**

**RS 5 Weight Oil**

**Long Travel Convertible**  
 up to 60mm travel



**QUADRA 21R Fork • MCU Spring System**  
**Racing Elastomer**

|                      |                 |
|----------------------|-----------------|
| <b>Target Weight</b> | 3.2 lbs         |
| <b>Travel</b>        | 60mm            |
| <b>STD Leg Color</b> | Yellow          |
| <b>Brace Finish</b>  | Yellow          |
| <b>Crown Finish</b>  | Tumbled (Matte) |

**Features/Benefits**

**External Pre-load Adjuster Knobs**  
 adjust on the fly, easy to dial in the ride

**Mag Legs**  
 light and strong

**Aluminum Brace**  
 stiffer, more precise steering

**JUDY JAX / MCU Stack**  
 lighter, less stiction, easy to adjust

**Mud Boots**  
 protection for longer fork life

**Long Travel Design**  
 60mm of plushness

**Bolt Crown**  
 versatility



**QUADRA 5 Fork • Elastomer System**  
**Performance Elastomer**

|                      |                 |
|----------------------|-----------------|
| <b>Target Weight</b> | 3.2 lbs         |
| <b>Travel</b>        | 46mm            |
| <b>STD Leg Color</b> | Neon Gray       |
| <b>Brace Finish</b>  | Black           |
| <b>Crown Finish</b>  | Tumbled (Matte) |

**Features/Benefits**

**External Pre-load Adjuster Knobs**  
 adjust on the fly, easy to adjust in the ride

**Mag Legs**  
 light and strong

**Aluminum Brace**  
 stiffer, more precise steering

**Mud Boots**  
 protection for longer fork life

**Press Fit Crown**



## Emotional projectiles are the choice weapon of modern war fare.

### A ROCK SHOX Garb Moment

Black Twill Vest and Maroon Twill Jacket  
 Big and Substantial 100% Cotton.

Protect yourself in garb that will deflect all negative energy. A jacket with pockets deep enough to shove your hands in, a collar to pull up and protect the artery zone. Throw it over yourself for instant attitude, a hat pulled over your brow and long sideways glances complete the armor. Living defensively is sometimes good advice.

The rear zipped pocket is big enough for stashing secrets but not so big that they become unwieldy. Adjustable side panels let you cozy it up when you feel like you need security, loosen the sides when you feel bold. A big metal zipper closes you up, and black gives you an aura of a mystery.



garb



# Frisky

A publication of:



Purveyor of Really Fine  
 Suspension and Garb

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